Material list for The Figure in Gestural & Expressive Painting Workshop

YOUR CHOICE
● 300 lb Watercolor Paper 20 x 30 sheet will work fine or
● Canvas (I will encourage working on as large of format as you feel comfortable with and then go a little larger) or
● Cradled Birch Panels (I will encourage working on as large of format as you feel comfortable with and then go a little larger)
● White Gesso (Liquatex)
● Compressed (thick) Charcoal
● A collection of any mark making tools, including but not limited to: ○ Charcoal pencils ○ Graphite pencils ○ Water soluble crayons ○ Inktense stick ○ Watercolor makers
● Hogs Hair natural bristle brushes - "Brights" are what I prefer ○ #6, #8, #10, #12 ○ ½" brushes ○ 1" brushes
● Acrylic Paints- please avoid student grade and cheap brands, the pigment ratio is low and colors are not as fully saturated. ○ *Med Yellow (we will use a lot of yellow for mixing so you might want extra) ○ *Magenta (cool red) ○ Pyrrole Red (warm shade) ○ *Pthalo Blue (green shade) ○ Ultramarine Blue ○ *Prussian Blue ○ *Dioxazine Purple ○ *Ivory Black ○ Sap Green (optional as I usually teach how to mix all shades of green from the list of pigments above) ○ Titanium White (optional as you can use the white gesso as well) ○ Ouinacridone Magenta

Acrylic pigments with Asterisks * & underlined are required for color mixing while all other colors are on my personal favorite list but can be omitted if you choose to keep your palette real simple.

ADDITIONAL SUPPLIES:
● Rags & Paper Towels
● Low Tack Tape
● Container for water
● Small container of rubbing alcohol (for special effects and good clean up for unintentional acrylic & gesso spills)
● Water Spray Bottle
● White or newspaper pad to do some preliminary compositional sketching
● Any tool that can scratch into the surface such as an old fork, screw driver, etc..
● If you have a figure reference book to help you. No worries if you do not. I will give a quick overview on the structural form of the figure. And we can use each other for reference models. AND
● Come prepared to use your imagination and release prior "boxes" and "blocks".

COME AND ENJOY THE ART OF CREATIVE & EXPRESSIVE PAINTING!!

Heidi